

# ADULT HISTORY: FEMALE

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

## PAST MEDICAL HISTORY: (PMH)

- Unremarkable
- Abnormal Pap Smear
- Alzheimer's Disease
- Anemia
- Anxiety
- Arthritis
- Asthma
- Atrial Fibrillation
- Autoimmune Disorder
- Blood Transfusions
- Brain Tumor
- Cataract
- Cancer - Breast
- Cancer - Cervical
- Cancer - Colon
- Cancer - Lung
- Cancer - Ovarian
- Cancer - Skin
- Cancer - Thyroid
- Crohn's Disease
- Chronic Low Back Pain
- Cirrhosis
- Congestive Heart Failure
- Constipation, Chronic
- COPD
- Coronary Artery Disease
- CVA/Stroke
- Degenerative Joint Disease
- Dementia
- Depression
- Diabetes - Gestational
- Diabetes Type 1
- Diabetes Type 2
- Diverticulitis
- DES Exposure
- DVT (Clot)
- Eczema
- Fibromyalgia
- GERD (gastric reflux)
- Glaucoma
- GI Bleed

- Gout
- GYN - # of Pregnancies \_\_\_\_\_
- GYN - # of Deliveries \_\_\_\_\_
- GYN - # of Miscarriages \_\_\_\_\_
- Hepatitis A
- Hepatitis B
- Hepatitis C
- Hyperlipidemia
- Hypertension
- Hyperthyroidism
- Hypothyroidism
- Incontinence
- Infertility
- Inflammatory Bowel Disease
- Kidney Disease
- Kidney Stone
- Liver Disease
- Lupus
- Macular Degeneration
- Migraine Headache
- Multiple Sclerosis
- MI (Heart Attack)
- Osteoarthritis
- Osteopenia
- Osteoporosis
- Parkinson's Disease
- Peptic Ulcer Disease
- Polymyalgia Rheumatica
- Psoriasis
- Polymyalgia Rheumatica
- Rheumatoid Arthritis
- Seizure Disorder
- Tuberculosis
- Urinary Tract Infections, Recurrent
- Varicose Veins

### GYN History:

Last Pap Smear Date: \_\_\_\_\_  
 Normal  Abnormal

Last Mammogram Date: \_\_\_\_\_  
 Normal  Abnormal

HPV (Gardasil)  Yes  No

Other: \_\_\_\_\_

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PAST SURGICAL HISTORY: (PSH)

	<u>DATE</u>		<u>DATE</u>
<input type="checkbox"/> Unremarkable	_____	<input type="checkbox"/> Hernia – Incisional	_____
<input type="checkbox"/> Abdominal Aortic Aneurysm Repair	_____	<input type="checkbox"/> Hernia – Inguinal	_____
<input type="checkbox"/> Abdominal Surgery	_____	<input type="checkbox"/> Hernia – Umbilical	_____
<input type="checkbox"/> Amputation	_____	<input type="checkbox"/> Hernia – Ventral	_____
<input type="checkbox"/> Anesthesia Problem – No	_____	<input type="checkbox"/> Hysterectomy with tubes/ovaries removed	_____
<input type="checkbox"/> Anesthesia Problem - Yes	_____	<input type="checkbox"/> Hysterectomy without tubes/ovaries removed	_____
<input type="checkbox"/> Aortic Valve Replacement	_____	<input type="checkbox"/> Hysteroscopy	_____
<input type="checkbox"/> Appendectomy	_____	<input type="checkbox"/> Laminectomy	_____
<input type="checkbox"/> Aorto-Femoral Bypass	_____	<input type="checkbox"/> Lap Band Procedure	_____
<input type="checkbox"/> Arthroplasty – Total Hip Replacement	_____	<input type="checkbox"/> Lumpectomy (Breast lump removed)	_____
<input type="checkbox"/> Arthroplasty–Total Knee Replacement	_____	<input type="checkbox"/> Mastectomy <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Bilateral	_____
<input type="checkbox"/> Arthroscopy – Scoping of Knee	_____	<input type="checkbox"/> Mitral Valve Replacement	_____
<input type="checkbox"/> Back Surgery	_____	<input type="checkbox"/> Kidney Transplant	_____
<input type="checkbox"/> Breast Biopsy	_____	<input type="checkbox"/> Pacemaker	_____
<input type="checkbox"/> Breast Surgery	_____	<input type="checkbox"/> Pacemaker with ICD Placement	_____
<input type="checkbox"/> Bronchoscopy (Scoping of Lungs)	_____	<input type="checkbox"/> Parathyroidectomy (Parathyroid Removed)	_____
<input type="checkbox"/> CABG – Coronary bypass surgery	_____	<input type="checkbox"/> Pneumonectomy (Lung Removed)	_____
<input type="checkbox"/> Caesarian Section	_____	<input type="checkbox"/> PTCA (Heart Stent)	_____
<input type="checkbox"/> Carotid Endarterectomy	_____	<input type="checkbox"/> Rotator Cuff Repair	_____
<input type="checkbox"/> Carpal Tunnel	_____	<input type="checkbox"/> Sinus Surgery	_____
<input type="checkbox"/> Cataract(s) Removed	_____	<input type="checkbox"/> Surgical Complication	_____
<input type="checkbox"/> Cholecystectomy (Gallbladder Removed)	_____	<input type="checkbox"/> Tonsillectomy	_____
<input type="checkbox"/> Cholecystectomy (Gallbladder Removed)	_____	<input type="checkbox"/> Tubal Ligation (tubes tied)	_____
<input type="checkbox"/> Colostomy	_____	<input type="checkbox"/> Urinary Incontinence Surgery	_____
<input type="checkbox"/> Craniotomy	_____	<input type="checkbox"/> Vascular Surgery	_____
<input type="checkbox"/> Gastric Bypass	_____	<input type="checkbox"/> Vein Stripping	_____
<input type="checkbox"/> Hemorrhoidectomy	_____		

Other: \_\_\_\_\_

**Medications and How You Take Them (Include vitamins and herbals):**

Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____
Name: _____	Strength: _____	Amount/day: _____

Allergies: Y N If yes, please list: \_\_\_\_\_

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## FAMILY HISTORY: (FH) *(Limit to parents and/or siblings)*

- |   |  |
|---|--|
| <input type="checkbox"/> FH Unknown                             | <input type="checkbox"/> FH Growth/Development                     |
| <input type="checkbox"/> FH Alcoholism                          | <input type="checkbox"/> FH Headaches                              |
| <input type="checkbox"/> FH Anemia                              | <input type="checkbox"/> FH Heart Disease                          |
| <input type="checkbox"/> FH Anesthetic Complications            | <input type="checkbox"/> FH Hypertension                           |
| <input type="checkbox"/> FH Angina                              | <input type="checkbox"/> FH High Cholesterol                       |
| <input type="checkbox"/> FH Anxiety                             | <input type="checkbox"/> FH Kidney Disease                         |
| <input type="checkbox"/> FH Arthritis                           | <input type="checkbox"/> FH Lung Cancer                            |
| <input type="checkbox"/> FH Asthma                              | <input type="checkbox"/> FH Lung/Respiratory                       |
| <input type="checkbox"/> FH Birth Defects                       | <input type="checkbox"/> FH Melanoma                               |
| <input type="checkbox"/> FH Bleeding Disease                    | <input type="checkbox"/> FH Migraines                              |
| <input type="checkbox"/> FH Breast Cancer                       | <input type="checkbox"/> FH Osteoporosis                           |
| <input type="checkbox"/> FH Coronary Heart Disease – Male <55   | <input type="checkbox"/> FH Other Cancer (Specify Below)           |
| <input type="checkbox"/> FH Coronary Heart Disease – Female <65 | <input type="checkbox"/> FH Ovarian Cancer                         |
| <input type="checkbox"/> FH Cervical Cancer                     | <input type="checkbox"/> FH Premenstrual Syndrome (PMS)            |
| <input type="checkbox"/> FH Colon Cancer – Father               | <input type="checkbox"/> FH Psychiatric Care                       |
| <input type="checkbox"/> FH Colon Cancer – Mother               | <input type="checkbox"/> FH Seizures                               |
| <input type="checkbox"/> FH Colon Cancer                        | <input type="checkbox"/> FH Severe Allergies                       |
| <input type="checkbox"/> FH Depression                          | <input type="checkbox"/> FH Stroke                                 |
| <input type="checkbox"/> FH Diabetes                            | <input type="checkbox"/> FH Thyroid Problems                       |
| <input type="checkbox"/> FH Endometriosis                       | <input type="checkbox"/> FH Uterine Cancer                         |
|   | <input type="checkbox"/> FH Weight Disorder                        |
|   | <input type="checkbox"/> FH Other Medical Problems (Specify Below) |

Please specify which family member for each checked: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## SOCIAL HISTORY: (SH)

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Married     | <input type="checkbox"/> History of Domestic Abuse |
| <input type="checkbox"/> Divorced    | <input type="checkbox"/> Religion Affecting Care   |
| <input type="checkbox"/> Separated   | <input type="checkbox"/> Passive Smoke Exposure    |
| <input type="checkbox"/> Single      | <input type="checkbox"/> Military Service          |
| <input type="checkbox"/> Widowed     | <input type="checkbox"/> Service Disability        |
| <input type="checkbox"/> 1 Child     | <input type="checkbox"/> Other Disability          |
| <input type="checkbox"/> 2 Children  |  |
| <input type="checkbox"/> 3 Children  |  |
| <input type="checkbox"/> 4+ Children |  |

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RISK FACTORS: Please answer the following questions in order to better assess your health risk factors.

Tobacco Use:

Currently Smoking:

- Cigarettes                      Amt: \_\_\_\_\_ packs/day
- Cigars                              Amt: \_\_\_\_\_ # per week
- Smokeless/chewing              Amt: \_\_\_\_\_ per day

Previous Smoker:

Year Started: \_\_\_\_\_  
 Year Quit: \_\_\_\_\_  
 Pack-Years: \_\_\_\_\_  
 Comments: \_\_\_\_\_

Never Smoked

Passive Smoke Exposure (Second Hand Smoke):  Yes  No

Drug Use:      None

If Yes: Substance Type:  Marijuana  Cocaine  Crack  Heroin  Illegal Prescription Drugs  
 Other: \_\_\_\_\_  
 Comments: \_\_\_\_\_

HIV High Risk Behavior:  Yes  No

Alcohol Use:      Yes  No

Drinks per Day:  <1     1     2     3     4     4+

If Yes: Type \_\_\_\_\_

Caffeine Use: Drinks per Day:  0     1     2     3     4     5+

Exercise: Times per Week  1     2     3     4     5     6     7     8+

Seat Belt Use: Percentage of Time Used:  100  75  50  25  0

Sun Exposure:  Frequently  Occasionally  Rarely